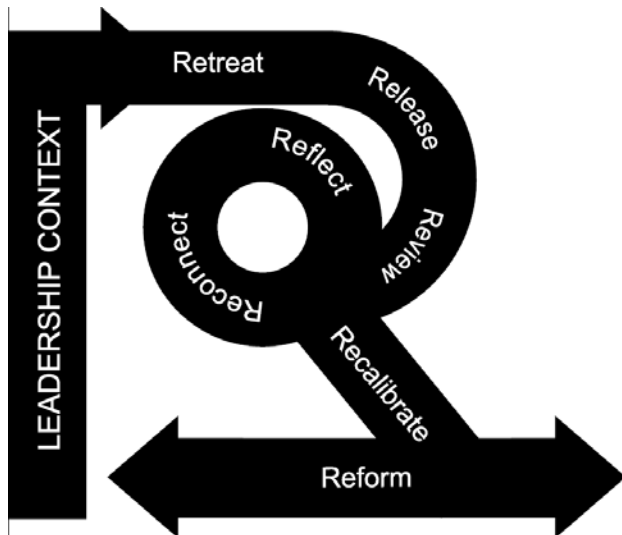


# Strengthened in Sanctuary: Enhancing Leadership through the Family System

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*Join us as we help clergy realized increased leadership effectiveness and spiritual well-being through spiritual practice and family systems theory.*



The 7Rs of Sanctuary program is a demonstrated method that increases leadership effectiveness and spiritual well-being by encouraging leaders to take time apart from their leadership context in order to engage in reflective, spiritual practices. The Strengthened in Sanctuary program builds upon the 7Rs of Sanctuary, helping us to understand how one's family of origin impacts leadership.

Our leadership foundation is derived from the learning, stories, and experiences of one's family of origin. As we understand that formation, we realize the potential of strengthening our leadership not only by applying what we learn through reflection and discernment, but also by reclaiming who we are as

individuals who have been shaped by our families of origin.<sup>1</sup>

In this program, you will *retreat* from your leadership context, to *release* the anxieties of leadership in order to mindfully *review* the tasks of your work and *reconnect* with your call. As you *reconnect*, you will remember the stories and lessons learned from parents and significant others, integrating the *reflection* so that through *recalibrating*, you can access and reclaim who you are as a leader. This positions you to *reform*, realize that fully developed sense of knowing and being as a means to further enhance your leadership.

A new cohort is being established in New York State. The year-long program begins with a 3-day retreat, which will convene from **April 9-11, 2018** at Sky Lake Retreat and Conference Center, Windsor, NY and then meet quarterly for day-long, follow up sessions, and monthly in small groups via virtual meetings and conference calls. The cost for the year-long program is \$1000.00 and scholarships up to 75% of cost are available based on need. If you are interested in being considered for this program, please complete the registration form below and return it to Rev. Dr. Debora Jackson at [d-jackson@comcast.net](mailto:d-jackson@comcast.net) or Rev. Dr. Greg Johnson at [pastorgregj@gmail.com](mailto:pastorgregj@gmail.com) by **January 19, 2018**.

*Rev. Dr. Debora Jackson is the Director of Lifelong Learning at Yale Divinity School. Former Executive Director of the Ministers Council, ABCUSA, Dr. Jackson developed the 7Rs of Sanctuary process and has deep expertise in leadership and leadership development. Her book *Spiritual Practices for Effective Leadership* is available through Judson Press.*  
[http://www.judsonpress.com/product.cfm?product\\_id=18676](http://www.judsonpress.com/product.cfm?product_id=18676)

*Rev. Dr. Greg Johnson is Senior Pastor of Cornerstone Community Church in Endicott, NY, Immediate Past President of ABCNYS, and Chaplain for Our Lady of Lourdes Memorial Hospital in Binghamton. Dr. Johnson's expertise is in Family System Theory and Pastoral Counseling, bringing this exciting dynamic to the program. Dr. Johnson's book *Merging with Grace* is available through Xulon Press.*  
<http://www.xulonpress.com/bookstore/bookdetail.php?PB ISBN=9781498466660&HC ISBN=>

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<sup>1</sup> Edwin H. Friedman, *Generation to Generation: Family Process in Church and Synagogue*, (New York: Guilford Press, 1985), p. 22

# Strengthened in Sanctuary: An Experiential Cohort for Leadership Effectiveness

## Personal Information

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Name

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Address

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City, State

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Zip

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Phone Number

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Email

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Job Title

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Organization

## Registration Questions (Please feel free to use a separate sheet if necessary)

How did you hear about the Strengthened in Sanctuary program and what draws you to it?

Describe your leadership context. What are your current responsibilities?

What challenges, if any, are you currently facing in your leadership?

What has best prepared you for leadership?

What are your current reflective practices and how do they affect your leadership?

When have you felt most effective in your leadership? Least effective?

What sustains you in your leadership? What drains you?

What are your hopes for this program?

Are you seeking scholarship assistance and if so, please indicate the amount.