

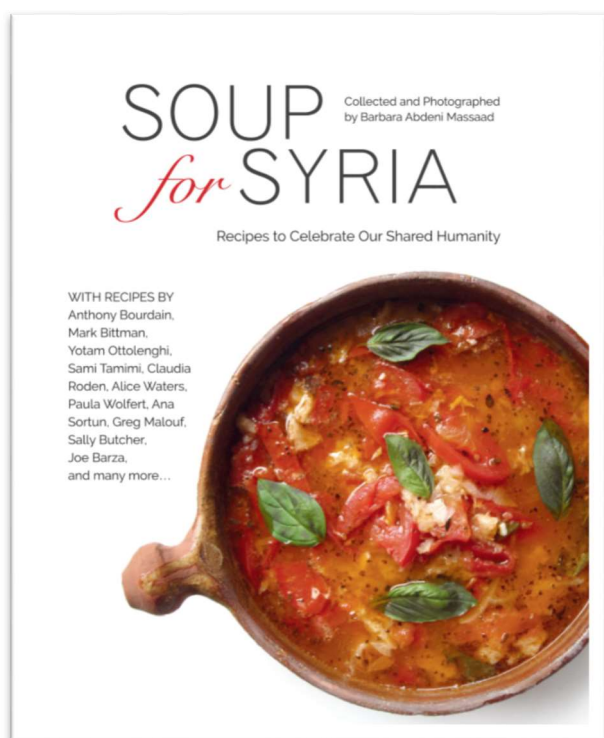
THE SOPHIA CENTER FOR SPIRITUALITY

Presents

Soup for Syria: Book Sale & Soup Supper

Friday, Nov. 3, 2017 – 5:30 p.m.

First Congregational Church, 30 Main St., Binghamton, NY



About the book

Food writer Barbara Abdeni Masaad visited a Syrian refugee camp in Lebanon and was struck by the difficult, chilly conditions in which they lived. She cooked some soup and brought it to a marketplace to hand out to them. Their gratitude inspired her to write this cookbook, dedicated to feeding the body and soul of the poor refugees living in miserable conditions all over Lebanon and other countries. It's a cry for help: with photography, recipes, stories, and much more.

Acclaimed chefs and cookbook authors the world over have come together to help food relief efforts to alleviate the suffering of Syrian refugees. Each has contributed a recipe to this beautifully illustrated cookbook of delicious soups from around the world.

All profits from the sales of the cookbook will be donated to help fund food relief efforts through various nonprofit organizations. Most Syrians hope that one day they will be able to return to their country and rebuild their lives. For now, though, what we can do is listen to their pleas. Be part of this vital work of saving lives and help us deliver essential food items to the displaced refugees.

As we move toward Thanksgiving and the holiday season, join us for a free, simple meal of soup and bread as we share gratitude for our blessings.

We'll be selling copies of author Barbara Abdeni Masaad's cookbook *Soup for Syria* - created to benefit food efforts for refugees - for \$30 each.

Reservations: Call 607-644-0736 by Wed., Nov. 1.